



INCORPORATED ON 15TH DECEMBER 1894

## THE BOMBAY INCORPORATED LAW SOCIETY

High Court New Building, North Wing, Bombay- 400 032 • Tel. : 22673470  
Email: [info.at.bils@gmail.com](mailto:info.at.bils@gmail.com); website : [www.bils.co.in](http://www.bils.co.in) CIN: U99999MH1895NPL000121

2<sup>nd</sup> July 2025

Dear Members,

As you well know, lawyers across the world face enormous stress and members of The Bombay Incorporated Law Society also work in a high-stress environment.

Each one of us, by habit or due to the competitive environment, over-extend ourselves for clients but tend to overlook our own well-being.

To address this important issue, LAWASIA has arranged a webinar which is **open to non-LAWASIA members** as well.

Please find enclosed a flyer with hyperlinks for registration to obtain insights on coping mechanisms and how to improve health and general well-being.

**Registration is free** but it is necessary to register in advance.

The Bombay Incorporated Law Society

Hon. Secretary